

**Middle School Physical Education**

**Course Syllabus 2024 - 2025**

**Course Description and Objectives**Freedom Park Physical Education provides a diversified program of developmentally appropriate activities, team sports, non-traditional games, conditioning, movement, and rhythms suited to the capacities and limitations of all students, regardless of size, coordination, body type, or other physical capabilities. All middle school students at Freedom Park who take PE must participate in Fit Georgia, which is a physical fitness test. There will be a pre and post-test for Fit Georgia.

At Freedom Park, we support full inclusion of students with disabilities in our physical education classes. The P.E. program at Freedom Park is very important to your education and is designed to promote physical, emotional, mental, and social well-being. Students will earn an academic grade based on Georgia Performance Standards, participation, and effort.

**Grading Policy**Students’ grades are based on the Physical Education Georgia Standards of Excellence. The Georgia Performance Standards for Physical Education are based on the National Physical Education Standards developed by the National Association for Sport and Physical Education (NASPE). The Standards reflect what a physically educated student should know and be able to do at each grade level (K-12). Five standards, with accompanying elements, are provided for each grade level. Students in 4th-8th grade are given a numeric grade for the standards that are taught.

**Academic Grading Scale**

A (90-100) B (80-89) C (75-79) D (70-74) F (below 70)

**Classroom Procedures & Expectations**

Students are expected to wear athletic shoes. Anyone wearing a dress or skirt to PE must have shorts on underneath. No slides, crocs, sandals, or dress shoes. Non-compliance will be reflected in students’ grades. Students are expected to participate, behave, exhibit sportsmanship, honesty, and integrity during class. Fit Georgia is a requirement for PE, however, results from the assessment will not determine a student’s grade.

**Cell phones**

The use of cell phones, electronic communication devices and/or accessories is prohibited for all students at all times during the instructional day, which is defined as the time the student arrives on campus until the end of the school day and/or the time the student leaves campus.

**Please refer to the Student Code of Conduct for further guidance on Richmond County School System’s policies and procedures.**

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